

Dr Louise Alexander

Dr Louise Alexander

National Teaching Team

Campus	Name	Role	Contact details
Ballarat		Lecturer in Charge	
Blacktown	Dr Kazem Razaghi	Lecturer in Charge	Kazem.Razaghi@acu.edu.au
Brisbane	Ms Sandra Hyde	Deputy National Lecturer in Charge & Lecturer in Charge (QLD)	Sandra.hyde@acu.edu.au
Canberra	Mrs Penny Lentini	Lecturer in Charge	Penny.Lentini@acu.edu.au
Melbourne	Dr Louise Alexander	National Lecturer in Charge Lecturer in Charge (Mel)	Louise.alexander@acu.edu.au
Nth Sydney	Dr Susan Gallagher	Lecturer in Charge	Susan.Gallagher@acu.edu.au

Unit Learning Outcomes

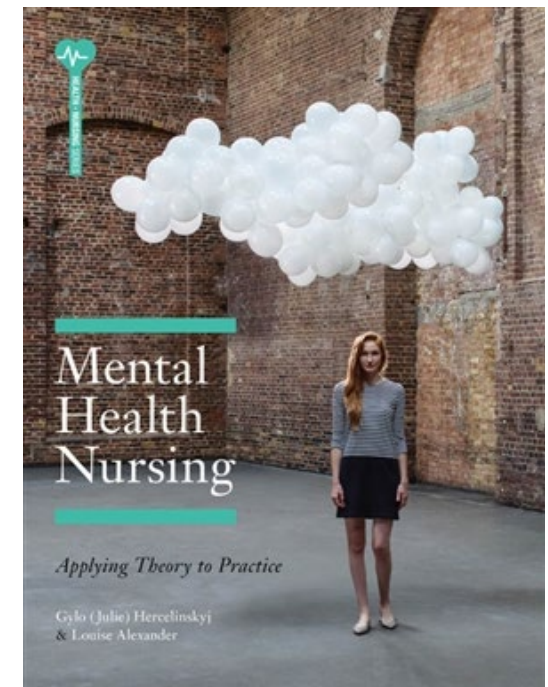
Learning Outcomes	
LO1	identify international and national concepts of mental health;
LO2	outline biopsychosocial, spiritual and cultural factors that impact on the person's experience of mental health issues;
LO3	describe the role for the mental health nurse within the multidisciplinary team in the provision of collaborative care to people experiencing mental health issues, their family and carers;
LO4	demonstrate a sound knowledge of quality use of medicines, non-pharmacological therapeutic interventions and complementary therapies in the mental health context;
LO5	apply the Recovery Framework and the Levett-Jones' Clinical Reasoning Cycle in planning safe, evidence-based, culturally sensitive, person-centred mental health nursing for individuals, their family and carers;
LO6	apply legal and ethical principles in the planning of care for individuals experiencing mental health issues and their family and carers;

Unit Graduate Attributes

Graduate Attributes	
GA1	demonstrate respect for the dignity of each individual and for human diversity
GA3	apply ethical perspectives in informed decision making
GA4	think critically and reflectively
GA5	demonstrate values, knowledge, skills and attitudes appropriate to the discipline and/or profession
GA6	solve problems in a variety of settings taking local and international perspectives into account
GA8	locate, organise, analyse, synthesise and evaluate information

Textbook

Hercelinskyj, G. & Alexander, L. (2019). *Mental health nursing – applying theory to practice*, Singapore: Cengage.



Unit Content

- Global overview of mental health
- Mental health priorities in an Australian context
- Populations at risk and factors shaping experience of mental health conditions
- Understanding and exploring the lived experience of individuals, families and carers in relation to mental health
- Nursing assessment & management across the lifespan and within multiple service settings
- Common therapeutic approaches
- Partnerships in care
- Role of interdisciplinary & multidisciplinary teams

Assessment 1

Online Quiz

This summative online quiz measure students' knowledge gained through the unit.

Due date: Open March 28th 2022 @0800hrs until April 1st 2022 @1700hrs

Weighting: 10%

Length and/or format:

10 multiple choice exam questions.

Purpose: For students to apply knowledge about psychopharmacology, non-pharmacological interventions and international and national concepts of mental health.

Learning outcomes assessed:

LO1, LO4

Assessment 2

Written Assessment

Chose ONE question to answer.

This assessment enables students to demonstrate understanding of concepts and patient focus factors in mental health.

Due date: April 7th, 2022 by 0900hrs

Weighting: 50%

Length and/or format:

1800 words +/- 10%

Purpose: For students to demonstrate their understanding of patient focused concepts in mental health.

Learning outcomes assessed:

LO1, LO2, LO3

Assignment

Essay Topic Choice 1

Hallucinations are a common perceptual disturbance for someone living with a psychotic illness, and they can have a significant impact on a consumer's quality of life. A consumer's cultural beliefs may also impact how they experience psychosis.

Using contemporary peer-reviewed literature, your paper must critically analyse:

- **one** (1) culturally safe nursing intervention for a consumer with a psychotic illness; (you must identify the culture your evidence is referring to);
- **one** (1) evidence-based psychoeducation strategy which can be adopted when working with someone who has a psychotic illness.

Assignment

Essay Topic Choice 2

A major depressive disorder can be a debilitating condition which often has significant social and occupational impacts. A consumer's cultural beliefs may also impact how they experience depression.

Using contemporary peer-reviewed literature, your paper must critically analyse:

- **one** (1) culturally safe nursing intervention for a consumer with major depression; (you must identify the culture your evidence is referring to);
- **one** (1) evidence-based psychoeducation strategy which can be adopted when working with someone who has a depressive illness.

Assessment 3

Viva Voce

This oral exam enables students to demonstrate understanding of core unit content.

Due date: During exam period

Weighting: 40%

Length and/or format:

15-minute oral exam.

Purpose: To measure students understanding of core mental health concepts such as mental state examination, risk factors, nursing interventions and psychopharmacology.

Learning outcomes assessed:

LO3, LO4, LO5, LO6

Student Responsibilities

- Familiarise yourself with unit outline
- Be prepared for tutorials
 - Undertake self-directed learning
- Let your tutor or LIC know if you miss a tutorial, and provide appropriate supporting documentation (e.g., medical certificate)
- Let your LIC know if you have an EIP (important for clinical placement)
- Consider any possible impacts to your own mental health that this unit may trigger
- Your mental health tutors whilst experts in mental health, are not the appropriate people to seek mental healthcare advice from
 - Get help and support [here](#)

