



# **NRSG236**

## **Principles of mental health nursing**

Assignment 2

**Dr Louise Alexander**

March 2022

## Session overview

- Planning your essay
- Essay writing
- Academic integrity
- Assessment task 2
- Strategies for academic survival

# Planning your essay

- Who can help me with essay writing?
- Divide the word count
- Read the rubric
- Establish paragraphs and concepts within
- Intro/conclusion 10% each
  - Intro needs to introduce topic and explicitly state purpose
  - Conclusion needs to summarise and synthesise without repeating
- Keep paragraphs to succinct points
- **Continuously** revisit essay question
  - Am I answering the question, or am I going off track?
- Watch your referencing
  - E.g., is every second sentence cited?





# Academic Integrity

- Turnitin
- Reference list vs. bibliography
- Submit early
- <20% SI
- Quotes
- Paraphrasing
- Recycling
- Complete the new Academic Integrity modules :  
<https://leo.acu.edu.au/enrol/index.php?id=39073> (c  
needs to be done once)



## Assessment task 2

Electronic submission for assessments 1 & 2.

Assessment tasks	Due date	Weighting (%)	Learning outcome(s) assessed	Graduate attribute(s) assessed
Assessment task 1: Quiz.	<b>Quiz opens:</b> 28 <sup>th</sup> March 2022 @0800hrs <b>Quiz closes:</b> 1 <sup>st</sup> April 2022 @1700hrs	10%	LO1, LO4	GA1, GA3, GA4, GA5, GA8
Assessment task 2: Written assessment	7 <sup>th</sup> April 2022 by 0900hrs	50%	LO1, LO2, LO3	GA1, GA5, GA8
Assessment task 3: Oral assessment	During university examination weeks: 6 <sup>th</sup> June – 26 June 2022.	40%	LO3, LO4, LO5, LO6	GA1, GA3, GA4, GA5, GA6, GA8

## ASSIGNMENT 2

Enables students to demonstrate understanding of concepts and consumer factors in mental health. Choose one (1) of the following essay topics:

1. Hallucinations are a common perceptual disturbance for someone living with a psychotic illness, and they can have a significant impact on a consumer's quality of life. A consumer's cultural beliefs may also impact how they experience psychosis. Using contemporary peer-reviewed literature, your paper must critically analyse:

- one (1) culturally safe nursing intervention for a consumer with a psychotic illness; (you must identify the culture your evidence is referring to);
- one (1) evidence-based psychoeducation strategy which can be adopted when working with someone who has a psychotic illness.

2. A major depressive disorder can be a debilitating condition which often has significant social and occupational impacts. A consumer's cultural beliefs may also impact how they experience depression. Using contemporary peer-reviewed literature, your paper must critically analyse:

- one (1) culturally safe nursing intervention for a consumer with major depression; (you must identify the culture your evidence is referring to);
- one (1) evidence-based psychoeducation strategy which can be adopted when working with someone who has a depressive illness.



Google Scholar

cultural beliefs and mental illness



Articles

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☐ include patents☐ include citations☒ Create alert**Stigma associated with mental illness and its treatment in the Arab culture: a systematic review**[M Zolezzi](#), M Alamri, S Shaar... - International Journal of ..., 2018 - journals.sagepub.com... disorders, attitudes, **beliefs**, stigma, public opinion and Arabs or Arab **culture** or Arab heritage.

The date of the last search was 1 September 2017. A protocol was not published before ...

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**Intersection of cultural and religious beliefs about mental health: Latinos in the faith-based setting**[S Caplan](#) - Hispanic Health Care International, 2019 - journals.sagepub.com... utilize **mental** health ... **cultural** and religious values play a significant role in **mental** health care utilization disparities. The purpose of this study was to explore **beliefs** about **mental illness** ...

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**[HTML] The perceived effectiveness of traditional and faith healing in the treatment of mental illness: a systematic review of qualitative studies**[ASJ Van der Watt](#), T Van de Water, G Nortje... - Social Psychiatry and ..., 2018 - Springer... for **mental** disorders. We hypothesized that traditional and faith healing interventions for **mental illness** ... dependent on both contextual and **cultural beliefs** relating to **illness** causation. ...

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**Cultural misconceptions and public stigma against mental illness among Lebanese university students**[A Bawa](#), M Fawaz - Perspectives in psychiatric care, 2018 - Wiley Online Library**Search Examples:  
Google Scholar**





## Articles

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**Psychoeducation against depression, anxiety, alexithymia and fibromyalgia: a pilot study in primary care for patients on sick leave**EO Melin, R Svensson, HO Thulesius - Scandinavian journal of ..., 2018 - Taylor & Francis

... for patients with **depression**, anxiety, or ... **psychoeducation** with the ASSA method could lead to decreased psychological symptoms and MUPS in patients on sick leave due to **depression**...

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**[HTML] ... activation with lay counsellor support versus online minimal psychoeducation without support for treatment of depression: a randomised controlled trial in ...**R Arjadi, MH Nauta, WF Scholte, SD Hollon... - The Lancet ..., 2018 - Elsevier

... Participants in the online **psychoeducation** group were ... basic **psychoeducation** about **depression** and simple tips on how to handle the condition in general. The same **psychoeducation** ...

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**[HTML] The more I got, the less I need? Efficacy of Internet-based guided self-help compared to online psychoeducation for major depressive disorder**JA Reins, L Boß, D Lehr, M Berking, DD Ebert - Journal of affective ..., 2019 - Elsevier

Background This study's aims were to compare the efficacy and negative effects of guided Internet-based cognitive behavior therapy (iCBT) and online **psychoeducation** (OPE) in ...

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**Search Examples:  
Google Scholar**

# Strategies for Academic Survival

## Academic Skills Unit (ASU)

The Academic Skills Unit offers resources for building the skills and strategies you need to realise your academic potential. We provide support and opportunities to develop your skills in maths and numeracy as well as academic language and learning at both undergraduate and postgraduate levels.

Academic skills advisors are available Monday to Friday.

Please contact the Academic Skills Unit at [academicskills@acu.edu.au](mailto:academicskills@acu.edu.au) to discuss the options for workshops and consultations available to you. All students can also access [24/7 online study support](#) including Writing Feedback and Connect Live.

A range of online resources and information about our services are available at [Academic Skills Unit on LEO](#).

Our services are confidential and offered free of charge to all enrolled ACU students.

Academic skills advisors often work with your [lecturers and tutors](#) to tailor learning resources to particular disciplines. You may find online ASU resources in the LEO units for your subjects.



# The Library staff and resources

The Library has launched [Assessment Help](https://library.acu.edu.au/help/guides/assessment-help) in time for Semester 1!

This replaces the Library's previous 'Help yourself' information literacy pages and allows students to explore and develop their information literacy at their own pace. It is an excellent initiative supporting our students. Please feel welcome to share the link with your students this semester.

<https://library.acu.edu.au/help/guides/assessment-help>

