

## **Letter from Employer to Mental Health case worker**

Dear Andrea,

I am writing to you as Sophie talks very highly of how you have helped her so much and are the reason for her being cured of her bipolar disorder.

I have become concerned about Sophie over the last week as she seems to be going back to the way she was a year ago. We had such a difficult time with Sophie, but continued to support her as John was trying so hard to get her the help she needed. There were times that Sophie was the life and soul of the place. The customers loved her initially and she could sell anything to anyone.

Unfortunately, there were some come-backs when customers had time to think during their cooling off period. Sophie never seemed to see this. Towards the end of her energetic periods, she would become irritable and caustic, and we would start receiving complaints from her customers. During her low periods, she just wouldn't turn up for work, so we couldn't rely on her.

Sophie has been doing really well for the last year, but I have noticed a change in the last few weeks and I fear she may be returning to how she was before. At this stage, we can't afford for our reputation to be affected by anything, and I fear that if Sophie becomes unwell again, it will be difficult to keep her on this time.

I hope that you will be able to speak to Sophie so that she can get help again.

Kind regards

Fred