

### Assessment Brief

<b>Program</b>	Bachelor of Applied Social Science
<b>Subject</b>	Theories of Counselling
<b>Subject code</b>	COU102A
<b>Name of assessment</b>	Assessment 3: Essay
<b>Length</b>	2000 Words
<b>Learning outcomes addressed by this assessment:</b>	A, B, C, D, E
<b>Submission Date:</b>	End of Week 10, Sunday 11.55 pm
<b>Assessment brief summary:</b>	Students are required to identify and critically evaluate therapeutic modalities.
<b>Total marks</b>	100
<b>Weighting</b>	40%

Students are advised that **any submissions past the due date incur a 10% penalty per day**, calculated from the total mark e.g. a task marked out of 40 will incur a 4-mark penalty per day.

**Please note: you must attempt all tasks in a subject to be eligible to pass the subject.**

For more information, please refer to the *Academic Progression Policy* on <https://www.torrens.edu.au/policies-and-forms>

## Assessment Description:

You have studied various modalities in this subject: Person Centered, Existential, Gestalt, Psychodynamic, Cognitive-Behavioural, and others.

Please select **two** modalities studied so far that you believe align with your personality and emerging counselling style. You are required to identify and critically evaluate your choices in terms of their concepts and interventions.

Your essay must include:

- Presentation of the chosen therapies - explanation of how problems are understood and change occurs within each therapy
- Overview of the reasons behind your choices – explanation why the chosen therapies resonate with you
- Overview of the strengths and weaknesses of each therapy.

This essay will contain a formal introduction and conclusion and the main points will be presented with subheadings. The entire assessment will be referenced according to the APA Version 6 guidelines. A reference list must be provided. A minimum of 10 reference sources will be drawn on.

## Assessment Marking Matrix:

	Max. in category	Your points
Presentation and critique of chosen approaches	10	
Overview of the reasons behind the choice of therapies	10	
Links to theories and concepts.	10	
Word count, readability, and structure.	5	
Number and choice of appropriate references. Correct referencing style: in-text references and reference list.	5	
<b>Total:</b>	<b>40</b>	
<b>Comments:</b>		

**Referencing**

The work must be fully referenced with in-text citations and a reference list at the end. We recommend you work with your Academic Writing Guide to ensure that you reference correctly. You will find a link to this document on the main page of every subject in the 'Assessments' section. Correct academic writing and referencing are essential tasks that you need to learn. We recommend a **minimum of six references**.

References are assessed for their quality. You should draw on quality academic sources, such as books, chapters from edited books, and journals. Your textbook can be used as a reference, but **not** the Study Guide and lecturer notes. We want to see evidence that you are capable of conducting your own research. Also, in order to help markers determine students' understanding of the work they cite all in-text references (not just direct quotes) must include the specific page number/s if shown in the original.

**Researching:** You can search for peer-reviewed journal articles, which you can find in the online journal databases and which can be accessed from the library homepage. Reputable news sites such as *The Conversation*, online dictionaries and online encyclopedias are acceptable as a starting point to gain knowledge about a topic. Government departments, research institutes such as the National Health and Medical Research Council (NHMRC), international organisations such as the World Health Organisation (WHO) and local not-for-profit organisations such as the Cancer Council are also good resources.

**Formatting:** The assessment **MUST** be submitted electronically in **Microsoft Word format**. Other formats may not be readable by markers, and students may be asked to resubmit. Please be aware that any assessments submitted in other formats will be considered LATE and will lose marks until it is presented in Word.

**Plagiarism:** All sources of information need to properly be acknowledged. Please refer to the plagiarism website on Blackboard. By clicking the 'Upload this file' button you acknowledge that you have read, understood and can confirm that the work you are about to submit complies with the Flexible and Online plagiarism policy that is available on the Torrens University website. Like other forms of cheating plagiarism is treated seriously. When lecturers suspect plagiarism, they will complete an Academic Integrity form and send it to the AI officer who will then contact students and ask them to prove that it is their own work.

**Word Count:** Marks will be deducted for failure to adhere to the word count – as a general rule you may go over or under by 10% than the stated length.

**Late Submissions:** Students are advised that any submissions past the due date incur a 10% penalty per day, calculated from the total mark e.g. a task marked out of 30 will incur 3 marks penalty per day.

**No submission:** Students must attempt all tasks to be eligible to pass the subject.

*More information can be found on the Think Education and Torrens University websites.*

